



NAMI MICaregiver Support Group

Sharing
our
experience,
strength and hope!

Monthly meetings:

1st Thursday - 7PM

3rd Thursday - 11:30AM

O'Henry's Coffee House
569 Brookwood Village
(205) 870-1148

Mental illness in someone you love is much too harsh to face alone. Most friends cannot understand what it is you and your loved one are experiencing. We understand because we too are caring for someone with a severe mental illness.

For more information call Donna
(205) 870-8124